

## Key Points for Proper Mask Use and Care

Masks that fit properly (snugly around the nose and chin with no large gaps around the sides of the face)



No twisting the loops- it creates a gap on the sides.



Instead, try knotting the loops or using rubber bands to shorten the loops. Make sure the loops are not too tight behind the ears.



Disposable medical masks should be thrown away every day.

Cloth masks should be washed daily.